

## **Down In The Dumps**

**9/18/10**

Ever get down in the dumps? Where do you go? How do you respond?

How do you get out?

### **Elijah Down in the dumps under a Juniper Tree 1 Kg 19 :4**

- Following a great victory at Mt Carmel
- With threats from Ahab & Jezebel he flees to the wilderness
- Exhausted and needed nourishment

### **Paul Down in the dumps at sea Acts 27: 18-25 Paul**

- Storms, winds waves crash and beat around Paul tossing the boat
- Lighting the load and course changes
- God makes promise to Paul that he will not perish

### **John Down in the dumps on Patmos Rev 1:11.**

- Years since Jesus ascended and being the only disciple alive
- Churches were going through so much
- Years watching, praying, preaching, waiting for something to happen
- God gives John a vision

### **Jonah Down in the dumps, down in a whale Jonah 2:5-7**

- Surrounded, sinking, tangled hard to breath everything closing in
- Jonah remembered God

### **Joshua Down in the dumps in the Promise Land Joshua 7:10:**

- Finally after 40 years they have crossed Jordan, won victory at Jericho! What is there to be down in the dumps about?
- Promises of victories. But are defeated. How could this happen!?

### **Samson Down in the dumps at the mill Judges 16:22-28**

- Strongest man an great warrior now blind and imprisoned
- Foolishness/Sin took him captive, made him a blind defeated slave